



A Life Well Lived

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“Well done, good and faithful servant.”

Matthew 25





# Ahead

Introduction

Starting Well

Living Well

Suffering Well

Ending Well

Specials/Testimonies



Starting Well



“If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth.”

- Colossians 3:1-2





Living Well

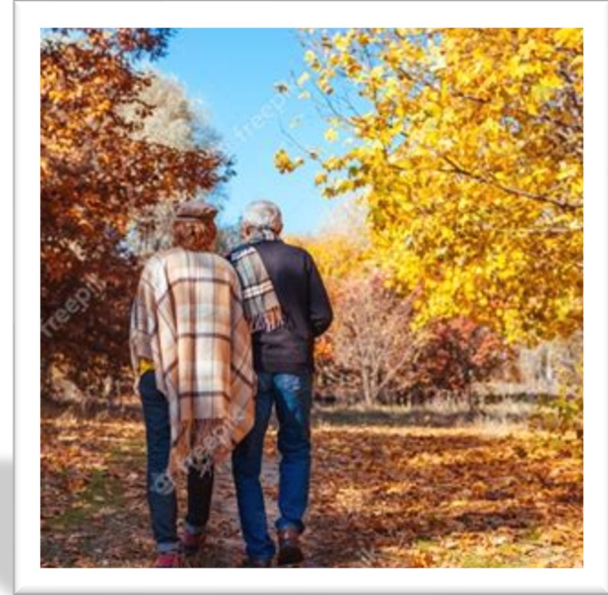
# Living Well: The Body



Sleep



Food



Exercise





# Technology

## The Good:

- Connecting people.
- Helpful content.

## The Bad:

- Time wasted.
- Unhelpful content.

## The Ugly:

- Ungodliness.
- Wicked content.





# Money

“For all things come from you, and of your own have we given you.”

- 1 Chronicles 29:14

“Why are relationships  
important?”

A detailed botanical illustration of a plant. It features a central stem with several small, light-colored flowers at the top. To the right, there is a large, feathery fern frond. The illustration is rendered in a classic, detailed style with fine lines and shading.

Relationships

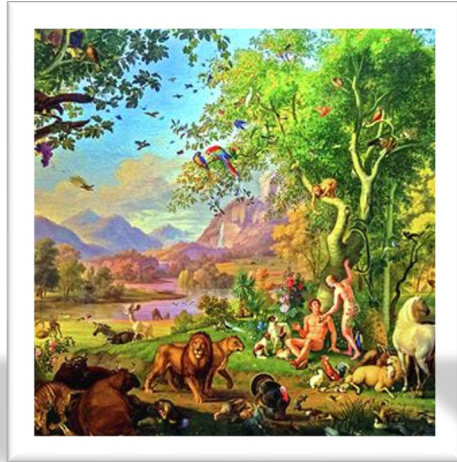


“Let us make man in *our image*, after *our likeness*.”

- Genesis 1:26



# Relationship Theology



## Complement

Genesis 2:18-25



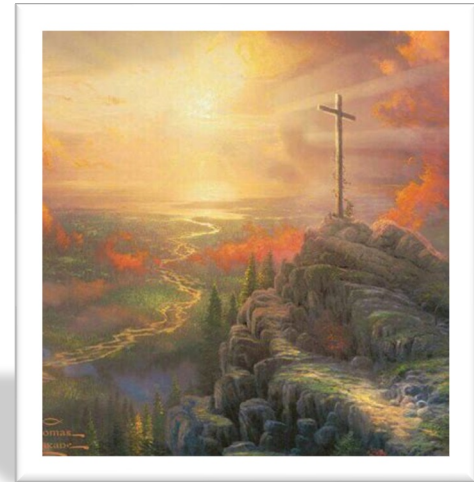
## Love

Exodus 20:12-17



## Diversity & Unity

1 Corinthians 12:12-20

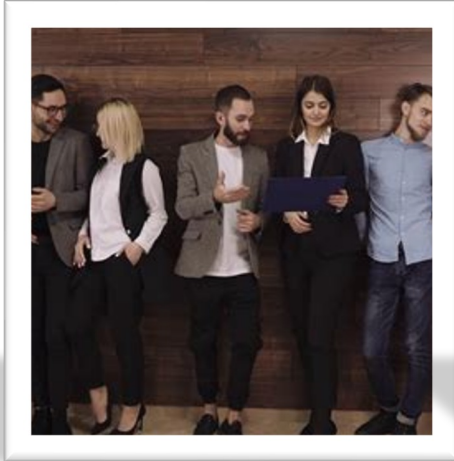


## The Gospel

John 3:16



# Relationship Cautions



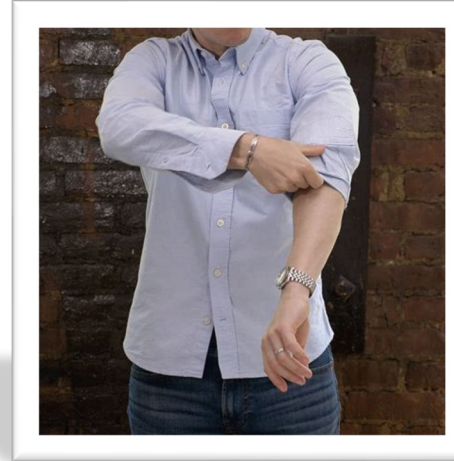
## Companions

Proverbs 24:24



## Compliments

Proverbs 27:6



## Effort

Philippians 4:2-3



## Influence

1 Corinthians 15:33





Time





We all *have* time.







We all *have* time.

~~I don't have time.~~



We all *have* time.

We all *take* time.



We all *have* time.

We all *take* time.

~~I can't take the time.~~



We all *have* time.

We all *take* time.

We all *spend* time.



We all *have* time.

We all *take* time.

We all *spend* time.

~~I can't afford the time.~~



We all *have* time.

We all *take* time.

We all *spend* time.

We all *have enough* time.



“How do you manage  
your time?”

# Time Considerations



## Identity

Ephesians 1:3-14







“I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.”

- Galatians 2:20

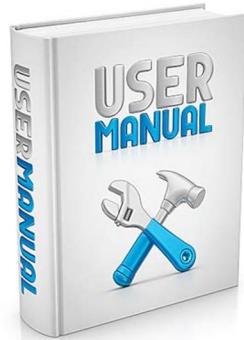


# Time Considerations



## Identity

Ephesians 1:3-14



## Purpose

Ephesians 2:10





“And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.”

- Colossians 3:17

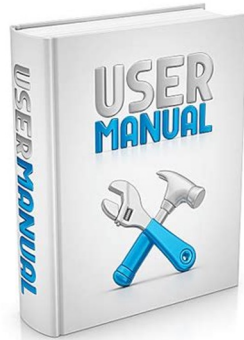


# Time Considerations



## Identity

Ephesians 1:3-14



## Purpose

Ephesians 2:10



## Intention

Ephesians 4:11-16





“Zacchaeus, hurry and come down, for I must stay at your house today.”

- Luke 19:5

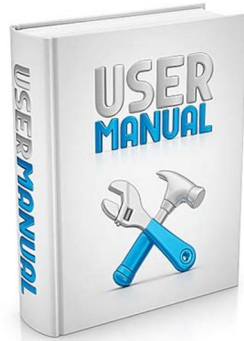


# Time Considerations



## Identity

Ephesians 1:3-14



## Purpose

Ephesians 2:10



## Intention

Ephesians 4:11-16



## Wisdom

Ephesians 5:15-17





“If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.”

- James 1:5





“How do you manage  
your time?”





Time  
Helps



# Time Helps



Priorities





# Priorities



Time reflects priorities.



# Priorities



Time reflects priorities.

Time “log.”



# Priorities

Time reflects priorities.

Time “log.”

Time “budget.”



# Priorities

Time reflects priorities.

Time “log.”

Time “budget.”

What gets “always”/”best”?



# Priorities

Time reflects priorities.

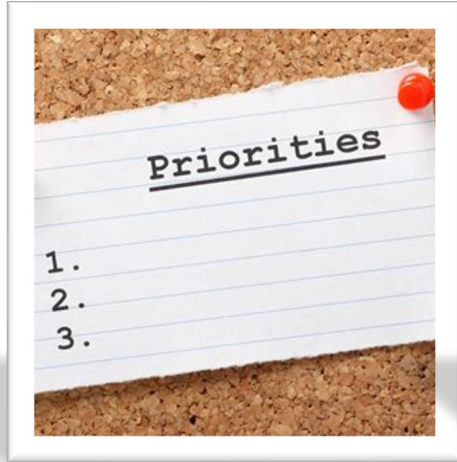
Time “log.”

Time “budget.”

What gets “always”/”best”?

Identify “big” time blocks.

# Time Helps



Priorities

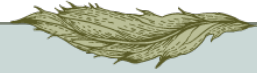


Balance





# Time Spectrum



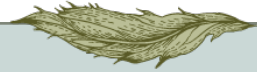
“All the time in the world”



“No time to spare!”



# Time Spectrum



○ “All the time in the world”

No Quantity



No Quality

○ “No time to spare!”



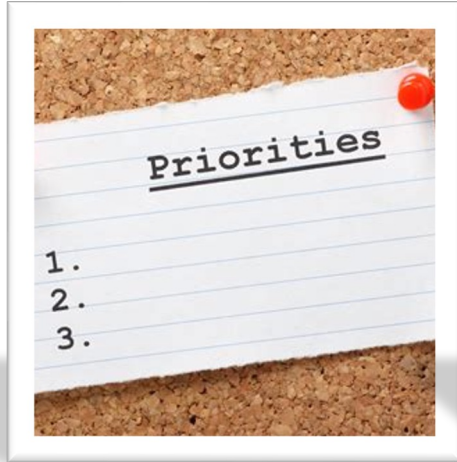


“For everything there is a season, and a time for every matter  
under heaven.”

- Ecclesiastes 3:1



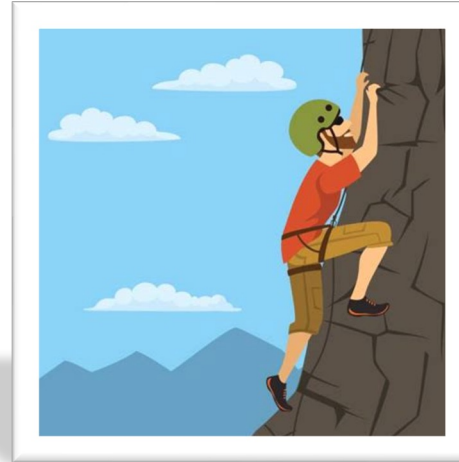
# Time Helps



Priorities



Balance



Goals





# Goals

- Daily (Bible, Connections, Errands).





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- Weekly (Chores, Hospitality, Rest).





# Goals

- Daily (Bible, Connections, Errands).
- Weekly (Chores, Hospitality, Rest).
  - Monthly (Savings, Projects).





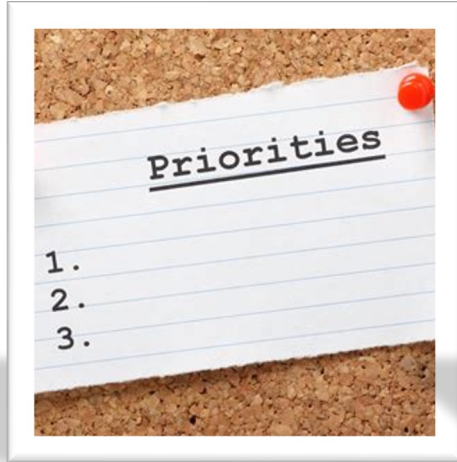
# Goals

- Daily (Bible, Connections, Errands).
- Weekly (Chores, Hospitality, Rest).
  - Monthly (Savings, Projects).
  - Yearly (Learned, Break).





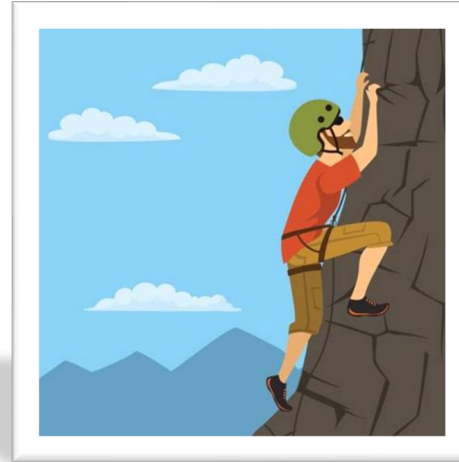
# Time Helps



Priorities



Balance



Goals



Pace





“ Plodding wins the race. ”

Aesop





“The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty.”

- Proverbs 21:5




# Time: Recap

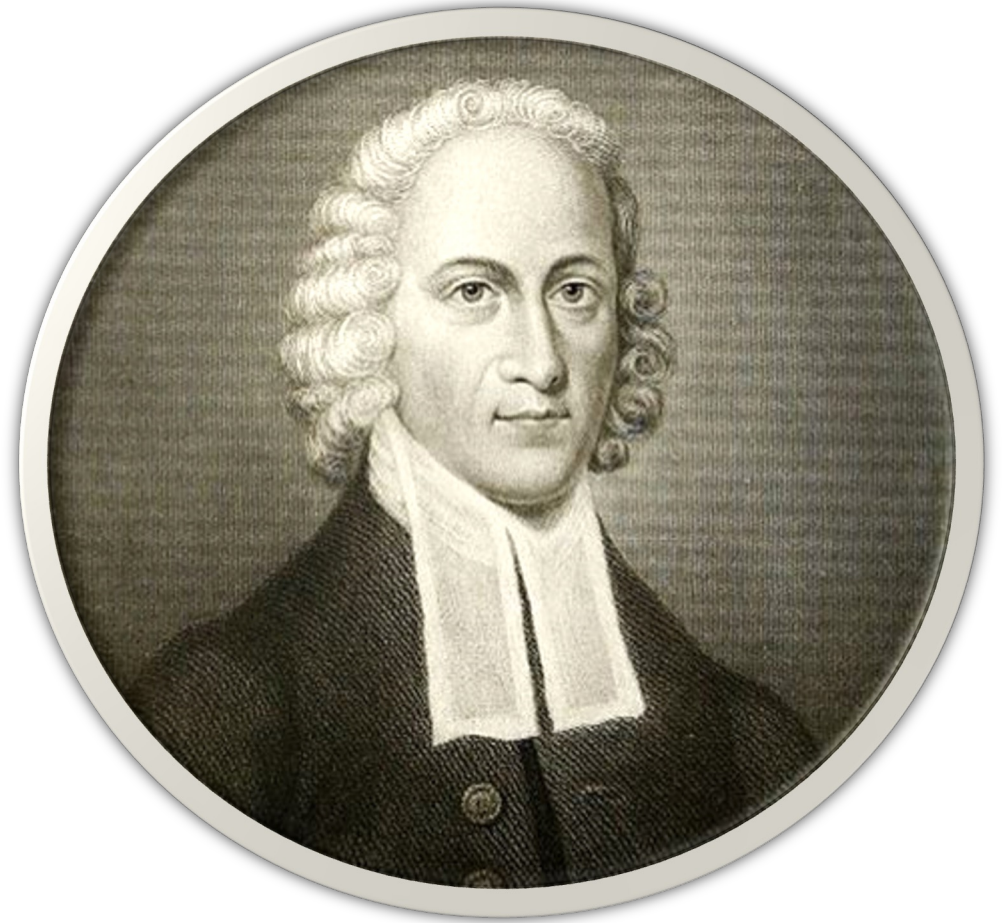
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- Consider *identity, purpose, intention & wisdom*.
- Time use/spent/had is *time management*.
- Your time reflects your *priorities*.
- *Balance* your time appropriately.
- Set *goals*, but *pace* yourself.



Jonathan  
Edwards



“Redeeming the Time”  
Ephesians 5:16



Questions?